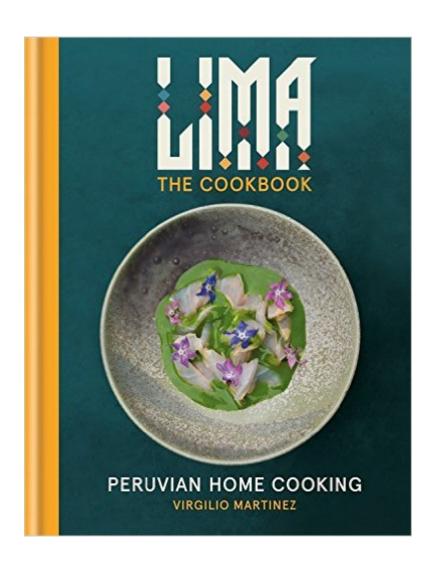
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LIMA Cookbook: Peruvian Home Cooking





Synopsis

The growing popularity of Peruvian cuisine throughout the world has made Lima, the capital of Peru, a destination city for food lovers. Virgilio Martinez is the most famous young chef in Peru. His restaurant Central, in Lima, is among the best in the world and he has opened two LIMA restaurants in the heart of London. With this collection of more than 100 of Virgilio's fuss-free, contemporary recipes you can cook this fresh, vibrant, healthy food at home using your local fish, meat and vegetables - plus the superfoods for which Peruvian food is renowned.

Book Information

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Average Customer Review: 4.4 out of 5 stars Â See all reviews (9 customer reviews)

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Wine > Regional & International > Latin American

Customer Reviews

Great book. The previous review talks bad about this book but I don't agree with that. If you are looking for a traditional book with Peruvian food this is not what you are looking for. This book is written by the one of the most prestigious chefs that Peru has (his restaurant Central is ranked as best in South America and 5th in the world). The type of cuisine he presents is very modern, innovative and resembles the great food that can be made in Peru with the broad variety of ingredients that are there. Some ingredients you won't be able to find them very easily but it's being creative and using the concept to apply it to your own reality and the ingredients you have available. If you love Peruvian food and want to try some new recipes that are completely out of the traditional but still with the same soul that Peruvian food has this book is for you. Give it a try

An excellent book written by an amazing and excellent chef about super AMAZING PERUVIAN CUISINE!

Another book for my Peruvian born daughter in law. She liked it. Knew the chef-author.

Just spent a few hours working with the recipes...Fun add to my library and repitoire

What a stunning book! Can't wait to try the recipes. I purchased this as a gift but I am about to buy another copy for myself!

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